

MANIPALCIGNA PROHEALTH PRIME

CUSTOMER INFORMATION SHEET/KNOW YOUR POLICY

This document provides key information about your policy. You are also advised to go through your policy document.

SI No.	Title	Description (Please refer the Policy Clause Number in next column)		Policy Clause Number
1	Name of Insurance Product/Policy	ManipalCigna ProHealth Prime - Advantage		
2	Policy Number	XXXXXXX		
3	Type of Insurance Product/Policy	Both indemnity and Benefit (Where the policy has elements of both) Indemnity - Where insured losses are covered up to Sum Insured under the policy. Benefit - Where the Insurance Policy pays a fixed amount under the policy on the occurrence of a covered event.		
		Individual Sum Insured a separate sum insured	ed - Where each insured member has the policy,	
		Insured Name	Sum Insured (in ₹)	
		<insured 1="" name=""></insured>	XXXXX	
		<insured 2="" name=""></insured>	XXXXX	
	Sum Insured	<insured 3="" name=""></insured>	XXXXX	
			Or Where all members under the policy red limit which may be utilized by any	
		Insured Name	Sum Insured (in ₹)	
4	(Basis) (Along with	<insured 1="" name=""></insured>		
	amount)		xxxxx	
		<insured 3="" name=""></insured>		
		Sum Insured under O Individual Sum Insured separate sum insured t	- Where each insured member has a	
		Insured Name	Sum Insured (in ₹)	
		<insured 1="" name=""></insured>	xxxxx	
		<insured 2="" name=""></insured>	xxxxx	
		<insured 3="" name=""> xxxx</insured>	xxxxx	
			Or	



Hea	lth	Insurance -
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 Floater Sum Insured - Where all members under the policy
have a single sum insured limit which may be utilized by any
or all members,

Insured Name	Sum Insured (in ₹)
<insured 1="" name=""></insured>	xxxxx
<insured 2="" name=""></insured>	
<insured 3="" name=""></insured>	

1. In-patient Hospitalization (When you are hospitalized)

- Room Rent: Covered up to Single Private A/C Room
- For ICU Covered up to Sum Insured This benefit shall also offer the below covers up to the limits mentioned:
- a. Listed Modern and Advanced Treatments: For Sum Insured < ₹5 Lacs: Up to 50% of Sum Insured For Sum Insured >= ₹5 Lacs: Up to Sum Insured
- b. HIV/AIDS & STD: Up to Sum Insured
- c. Mental Illness: Up to Sum Insured

For below mentioned ICD Codes: Waiting Period of 24 months shall apply.

Coverages (What the policy

Policy

covers?)

ICD 10 CODES	DISEASES
F05	Delirium due to known physiological condition
F06	Other mental disorders due to known physiological condition
F07	Personality and behavioural disorders due to known physiological condition
F10	Alcohol related disorders
F20	Schizophrenia
F23	Brief psychotic disorders
F25	Schizoaffective disorders
F29	Unspecified psychosis not due to a substance or known physiological condition
F31	Bipolar disorder
F32	Depressive episode
F39	Unspecified mood [affective] disorder
F40	Phobic Anxiety disorders
F41	Other Anxiety disorders
F42	Obsessive-compulsive disorder
F44	Dissociative and conversion disorders
F45	Somatoform disorders
F48	Other nonpsychotic mental disorders
F60	Specific personality disorders
F84	Pervasive developmental disorders
F90	Attention-deficit hyperactivity disorders
F99	Mental disorder, not otherwise specified

D.I.1

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2. Pre - hospitalization	D.I.2
Medical Expenses Covered up to 60 days before the date	
of hospitalization; Covered upto the Sum Insured	D 1 0
3. Post - hospitalization	D.I.3
Medical Expenses Covered up to 180 days post discharge	
from the hospital; Covered upto the Sum Insured	D I 4
4. Day Care Treatment	D.I.4
Covered up to the Sum Insured	D.I.5
 Domiciliary Hospitalization (Treatment at Home) Covered up to 10% of the Sum Insured 	ט.ו.ט
Pre and Post Hospitalization Expenses: 30 days each	
6. Road Ambulance (Reimbursement of Ambulance	D.I.6
Expenses)	D.1.0
Covered up to the Sum Insured	
7. Donor Expenses (Hospitalization Expenses of the	D.I.7
donor providing the organ)	D.1.7
Covered up to the Sum Insured	
8. Restoration of Sum Insured (When opted Sum Insured	D.I.8
is insufficient due to claims)	D.11.0
Multiple Restoration is available in a Policy Year for all	
illnesses whether unrelated or same, in addition to the Sum	
Insured	
Applicable for below covers only	
D.I.1 - In-patient Hospitalization (Except for Bariatric Surgery)	
D.I.2 - Pre - hospitalization	
D.I.3 - Post - hospitalization	
D.I.4 - Day Care Treatment	
D.I.6 - Road Ambulance	
D.I.7 - Donor Expenses	
D.I.9 - AYUSH Treatment	
D.IV.1 - Non-Medical Items	
Restoration shall not get triggered for the 1st claim	
The maximum liability under a single claim shall not be	
more than Base Sum Insured + Cumulative Bonus +	
Restored Sum Insured	
9. AYUSH Treatment (In-patient Hospitalization)	D.I.9
Covered up to the Sum Insured	D 1 40
10. Air Ambulance Cover	D.I.10
Covered up to Sum Insured subject to maximum of ₹10	
Lacs in addition to the Sum Insured for expenses incurred	
on Air Ambulance 11. Bariatric Surgery Cover	D.I.11
Covered up to the Sum Insured subject to maximum of	D.I. I I
₹5 Lacs	
Waiting Period of 36 months shall apply for Bariatric	
Surgery	
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Health Insura	ince —
Option to choose from - ₹20,000, ₹30,000, Rs.50,000 Per Policy Year Can be used to pay for Consultations and Diagnostics including Dental and Vision: Up to 100% of the Sum Insured opted for Outpatient expenses. Up to 20% of the Outpatient Limit can be used for Pharmacy (Drugs and Medicines prescribed by Network Medical Practitioners). This benefit is available only on cashless basis from the Network providers of ManipalCigna Health Insurance Company Limited. Any unutilized amount under this benefit shall not be carried forward to subsequent Policy Year. 13. Daily Cash for Shared Accommodation Daily Cash benefit for occupying shared accommodation during In-patient Hospitalization, shall be covered as below:- a. For Sum Insured up to ₹10 Lacs: ₹800 per day up to	D.I.12
maximum of ₹5,600 b. For Sum Insured above ₹10 Lacs: ₹1,000 per day up to	
maximum of ₹7,000	
Payable for each continuous and completed 24 Hours of Hospitalization during the Policy Year.	
This benefit gets triggered post 48 hours of In-patient	
Hospitalization and shall be payable from 1st day onwards.	
Value Added Covers This section lists the additional value added benefits that are available along with your plan 14. Health Check Up Available each Policy Year (including the first year), to all Adult Insured Persons who have completed 18 years of Age. • For Sum Insured up to ₹5 Lacs: Package 1 subject to a maximum of up to ₹1,000 per adult member. • For Sum Insured above ₹5 Lacs and up to ₹10 Lacs:	D.II.1
Package 2 subject to a maximum of up to ₹2,500 per adult member.	
 For Sum Insured above ₹10 Lacs: Package 3 subject to maximum of up to ₹5,000 per adult member. 	
Annually from 1st year onwards	
The packages shall be offered on cashless basis only. However, the eligible insured may avail any health check from the MCHI Network of Health Check Up Center upto the limit specified	
15. Domestic Second Opinion	D.II.2
Available for 36 listed Critical Illness/es 16. Tele-Consultation	D.II.3
Unlimited Tele-consultation during the Policy Year	•
17. Cumulative Bonus A guaranteed bonus of 25% of Sum Insured for every completed Policy Year irrespective of claims, subject to a maximum accumulation up to 200% of the Sum Insured	D.II.4



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18. Switch Off Benefit The Policy can be Switched Off, after one year, any time during the Policy Year except for Personal Accident Cover, Worldwide Emergency Hospitalization with Outpatient Cover under Freedom optional package and Critical Illness Add-On cover, if opted, in case you/ Insured Person travel out of India, for a period maximum up to 30 days. This benefit shall not be available for the last 90 days of the Policy Year. Premium discount shall be calculated on pro-rated basis if Policy is switched off due to Insured Person (in individual Policy) or all Insured Persons (under floater Policy) travelling out of India and this discount shall be adjusted in the renewal premium falling due immediately after the expiring Policy	D.II.5
Period. The Policy will reactivate the cover on the requested date of Switch On as intimated to Us by You/ Insured Person. The option to Switch Off the cover shall be available only once in a Policy Year and upto a maximum of 30 days at a stretch. This shall not deactivate the following cover, if opted: i. Worldwide Emergency Hospitalization with Outpatient Cover under Freedom optional package ii. Personal Accident Cover	
iii. Critical Illness Add-on 19. Wellness Program Rewards can be earned maximum up to 20% of expiring base Premium (excluding premium for optional covers, Rider and taxes), by completing activities specified under Our Healthy Life Management Program. These earned Reward Points can be used against payable Renewal premium (excluding Premium for optional covers, Rider and taxes) as discount from 1st Renewal of the Policy.	D.II.6
Carry forward of earned Reward Points shall not be allowed. 20. Discount from Network Providers Discount on Pharmacy, Diagnostics and Health Supplements offered by the Network Providers of ManipalCigna Health	D.II.7
Insurance Company Limited 21. Premium Waiver Benefit Waives off one year Policy Premium (including premium for optional covers, rider and taxes) upon occurrence of any of the listed contingencies (Accidental death/ listed Critical Illnesses) to the Policyholder who is also an Insured Person in the Policy.	D.II.8
Optional Packages (Applicable only if opted) This section lists the available optional packages under your plan and the limits under each of these options. The limits specified under these optional packages shall override the applicable limits mentioned as part of base cover for the respective coverages. 1. Enhance	
 A. Maternity & New Born Hospitalization Expenses a. Maternity Cover (up to maximum 2 deliveries or terminations) - Covered up to 10% of Sum Insured Opted subject to a maximum of ₹1 Lac in addition to the Sum Insured opted 	D.III.3.i.A



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	New Born Baby - Coverage for the In-patient hospitalization expenses of a new born up to the limit provided under Maternity Expenses	D.III.3.i.B
C.	First Year Vaccination Covered as per national immunization program, up to the limit provided under Maternity Expenses	D.III.3.i.C
В.	Room Accommodation upgrade The Insured Person shall be eligible to upgrade the room type category eligibility under the Policy to "Any Room Category" in a Hospital.	D.III.3.ii
A.	Freedom (Applicable to Indian Residents only) Room Accommodation upgrade The Insured Person shall be eligible to upgrade the room type category eligibility under the Policy to "Any Room Category" in a Hospital.	D.III.4.i
В.	Worldwide Emergency Hospitalization with Outpatient Cover Covered up to Sum Insured opted for Emergency In-patient Hospitalization or Emergency Outpatient outside India. Any claim payable under this benefit is over and above the Sum Insured.	D.III.4.ii
Th pla	otional Covers (Available if opted) his section lists the available optional covers under your an and the limits under each of these options Non-Medical Items	D.IV.1
•	Non-Medical items covered up to the Sum Insured opted in case of In-patient Hospitalization and/or Day Care Treatment.	D.I.V. 1
2.	Infertility Treatment Infertility Cover (Available if D.III.3 'Enhance' optional package is opted and for Sum Insured ₹7.5 Lacs and above)	
	Covered for Infertility Expenses up to ₹2.5 Lacs in addition to Maternity Sum Insured under Maternity Cover. Maximum upto 2 successful procedures shall be covered during the lifetime of the eligible Insured person and the coverage shall terminate thereafter.	D.IV.3
2	Waiting period of 36 months shall apply for this cover. The cover shall cease upon the eligible Insured Person attaining 60 years of age. Personal Accident Cover	
J.	Lump sum benefit equal to two times of Sum Insured subject to a maximum of ₹50 Lacs in case of Accidental Death or Permanent Total Disablement of Insured Member due to accident.	D.IV.4
4.	Cumulative Bonus Booster A guaranteed bonus of 50% increase in Sum Insured for every Policy Year irrespective of claims, subject to a maximum accumulation up to 200% of the Sum Insured This benefit is applicable for Sum Insured of ₹5 Lacs and above.	D.IV.5
	Opting for this Benefit will replace the Cumulative Bonus in the Base Cover.	



Add on cover(Rider) (Applicable only if opted)
This section lists the Add on cover available under your
plan

- 1. Critical Illness Add on (UIN: MCIHLIP21128V022021): Lump sum payment of Sum Insured, upon diagnosis of a Critical Illness listed under Add on policy wordings.
- 2. ManipalCigna Prime Plus (UIN: MCIHLIA25005V012425) **Rider 1: Room Rent Modification**

The Insured Person shall be eligible to modify the room type category eligibility under the Policy as follows:

Option 1: Any room; ICU Up to Sum Insured

Option 2: Twin Sharing AC room; ICU Up to Sum Insured

Rider 2: Surplus Benefit

Additional 100% of Sum Insured, available from day 1 for 1st claim only, in each policy year.

policy wordings

Rider 3: Supreme Bonus

Guaranteed Cumulative Bonus of 100% of Base Sum Insured each policy year; subject to a maximum of 800% of the Base Sum Insured.

Rider 4: Premium Management Cover

Once opted below benefits shall not be available in base product.

- 1. Air Ambulance Cover
- 2. Bariatric Surgery Cover
- 3. Daily Cash for Shared Accommodation
- 4. Health Check Up
- 5. Domestic Second Opinion
- 6. Tele Consultation
- 7. Premium Waiver Benefit

Add on



	Health Insura	
Exclusions (What the policy does not cover)	 Investigation & Evaluation - Code - Excl. 04 Rest Cure, rehabilitation and respite care - Code - Excl. 05 Obesity/ Weight Control: Code - Excl. 06 Change-of-Gender treatments: Code - Excl. 07 Cosmetic or plastic Surgery: Code - Excl. 08 Hazardous or Adventure sports: Code - Excl. 09 Breach of law: Code - Excl. 10 Excluded Providers: Code - Excl. 11 Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. Code - Excl. 12 Treatments received in heath hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons. Code - Excl. 13 Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a Medical Practitioner as part of hospitalization claim or day care procedure. Code - Excl. 14 Refractive Error: Code - Excl. 15 Unproven Treatments: Code - Excl. 16 Sterility and Infertility: Code - Excl. 17 Maternity: Code - Excl. 18 External Congenital Anomaly or defects or any complications or conditions arising therefrom. Dental treatment, orthodontic treatment, dentures or Surgery of any kind unless necessitated due to an Accident and requiring minimum 24 hours Hospitalization. Treatment related to gum disease or tooth disease or damage unless related to irreversible bone disease involving the jaw which cannot be treated in any other way, unless specifically covered under the Policy. Circumcision unless necessary for treatment of a disease, illness or injury not excluded hereunder or due to an accident. Instrument used in treatment of Sleep Apnea Syndrome 	E.I.4 to E.I.18 and E.II.7 to E.II.20

(C.P.A.P.) and Continuous Peritoneal Ambulatory Dialysis

Asthmatic condition, Infusion pump or any other external

(C.P.A.D.) and Oxygen Concentrator for Bronchial

20. Prostheses, corrective devices and medical appliances, which are not required intra-operatively for the disease/

illness/ injury for which the Insured Person was

devices used during or after treatment.

Hospitalized.

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- 21. Any stay in Hospital without undertaking any treatment or any other purpose other than for receiving eligible treatment of a type that normally requires a stay in the hospital
- 22. Treatment received outside India other than for coverage under D.III.4.ii Worldwide Emergency Hospitalization with Outpatient Cover under Freedom optional package if opted.
- 23. Costs of donor screening or costs incurred in an organ transplant surgery involving organs not harvested from a human body.
- 24. Any form of Non-Allopathic treatment (except AYUSH Treatment (In-patient Treatment)), Hydrotherapy, Acupuncture, Reflexology, Chiropractic treatment or any other form of indigenous system of medicine.
- 25. All Illness/expenses caused by ionizing radiation or contamination by radioactivity from any nuclear fuel (explosive or hazardous form) or from any nuclear waste from the combustion of nuclear fuel nuclear, chemical or biological attack or in any other sequence to the loss.
- 26. All expenses caused by or arising from or attributable to foreign invasion, act of foreign enemies, hostilities, warlike operations (whether war be declared or not or while performing duties in the armed forces of any country), participation in any naval, military or air-force operation, civil war, public defense, rebellion, revolution, insurrection, military or usurped power, active participation in riots, confiscation or nationalization or requisition of or destruction of or damage to property by or under the order of any government or local authority.
- 27. All non-medical expenses including convenience items for personal comfort not consistent with or incidental to the diagnosis and treatment of the disease/illness/injury for which the Insured Person was hospitalized belts, collars, splints, slings, braces, stockings of any kind, diabetic footwear, thermometer and any medical equipment that is subsequently used at home except when they form part of room expenses, procedure charges and cost of treatment. For complete list of Non-medical expenses, please refer to the Annexure III List I "Items for which Coverage is not available in the Policy"
- 28. Any deductible amount or percentage of admissible claim under co-pay if applicable and as specified in the Policy Schedule.
- 29. Existing diseases disclosed by the Insured Person (limited to the extent of the ICD codes mentioned in line with Chapter IV, Guidelines on Standardization of Exclusions in Health Insurance Contracts, 2019), provided the same is applied at the underwriting and consented by You/Insured Person.



	a. Initial Waiting Period: 30 days for all illnesses (not applicable on in case of continuous renewal or accidents)	E.I.3
	b. Specific Waiting Period (Not Applicable on claim arising	E.I.2
	due to accidents):	L.11.2
	24 Months for following diseases:	
	a. Cataract,	
	b. Hysterectomy for Menorrhagia or Fibromyoma or prolapse of Uterus or myomectomy for fibroids unless necessitated by	
	malignancy,	
	c. Knee Replacement Surgery (other than caused by an Accident), Non-infectious Arthritis, Gout, Rheumatism,	
	Osteoarthritis and Osteoporosis, Joint Replacement Surgery	
	(other than caused by Accident), Prolapse of Intervertebral	
	discs(other than caused by Accident), all Vertebrae	
	Disorders, including but not limited to Spondylitis,	
	Spondylosis, Spondylolisthesis, Congenital Internal,	
	d. Varicose Veins and Varicose Ulcers,	
	e. Stones in the urinary uro-genital and biliary systems	
	including calculus diseases and complications thereof,	
Waiting Period	f. Benign Prostate Hypertrophy, all types of Hydrocele,	
Time period	g. Fissure, Fistula in anus, Piles, all types of Hernia, Pilonidal	
during which	sinus, Hemorrhoids and any abscess related to the anal region.	
specified	h. Chronic Suppurative Otitis Media (CSOM), Deviated Nasal	
disease/	Septum, Sinusitis and related disorders, Surgery on tonsils/	
treatment are not	Adenoids, Tympanoplasty and any other benign ear, nose	
covered.	and throat disorder or surgery.	
It is counted	i. gastric and duodenal ulcer, any type of Cysts/Nodules/	
from the	Polyps/internal tumors/skin tumors, and any type of Breast	
beginning	lumps(unless malignant), Polycystic Ovarian Diseases, j. Any surgery of the genito-urinary system unless	
of the policy	necessitated by malignancy.	
coverage.	c. Pre-existing Disease:	- 14
	i. Covered after 24 months for Sum Insured 7.5 Lacs and	E.I.1
	above	
	ii. Covered after 36 months for Sum Insured up to 5 Lacs.	
	d. Maternity Waiting Period	E.II.1
	Any treatment arising from or traceable to pregnancy,	
	childbirth including caesarean section until 36 months of continuous coverage has elapsed for the particular Insured	
	Person since the inception of the first Policy with Us.	
	However, this exclusion / waiting period will not apply to	
	Ectopic Pregnancy proved by diagnostic means and certified	
	to be life threatening by the attending Medical Practitioner.	
	e. Personal Waiting period:	E.II.2
	A special Waiting Period not exceeding 36 months, may be	⊏.Ⅱ.∠
	applied to individual Insured Persons for the list of	
	acceptable Medical Ailments listed under the Underwriting Manual of the Product, depending upon declarations on the	
	proposal form and existing health conditions. Such waiting	
	periods shall be specifically stated in the Schedule and will	
	be applied only after receiving Your specific consent.	
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		f. Mental Covere	E.II.4	
	ICD 10 CODES		DISEASES	
		F05	Delirium due to known physiological condition	
		F06	Other mental disorders due to known physiological condition	
		F07	Personality and behavioural disorders due to known physiological condition	
		F10	Alcohol related disorders	
		F20	Schizophrenia	
		F23	Brief psychotic disorders	
		F25	Schizoaffective disorders	
		F29	Unspecified psychosis not due to a substance or known physiological condition	
		F31	Bipolar disorder	
		F32	Depressive episode	
		F39	Unspecified mood [affective] disorder	
		F40	Phobic Anxiety disorders	
		F41	Other Anxiety disorders	
		F42	Obsessive-compulsive disorder	
		F44	Dissociative and conversion disorders	
		F45	Somatoform disorders	
		F48	Other nonpsychotic mental disorders	
		F60	Specific personality disorders	
		F84	Pervasive developmental disorders	
		F90	Attention-deficit hyperactivity disorders	
		F99	Mental disorder, not otherwise specified	
		g. Bariatric Surgery Waiting Period Covered after 36 months		E.II.5
		h. Infertility Treatment Waiting Period		
			d after 36 months	E.II.6
	Financial limits of coverage • Sub-limit (it is pre-defined limit	for the f Listed N - For S	e policy will pay only up to the limits specified hereunder the following diseases/procedures: ted Modern and Advanced Treatments covered up to For Sum Insured < ₹5 Lacs: Up to 50% of Sum Insured For Sum Insured >= ₹5 Lacs: Up to Sum Insured	
8	and the insurance company will not pay any amount in excess of this limit	followin limits • For R - Ro - Fo	of claim, this policy requires you to share the g sub limits: Expenses exceeding the following Sub-Room/ICU om Rent: Covered up to Single Private A/C Room r ICU - Covered up to Sum Insured ne following disease - Not Applicable	D.I.1



	 Co-payment (it is a specified amount percentage of admissible claim amount to be paid by policyholder / insured). Deductible (It is specified amount: - up to which and insurance company will not pay any claim, and - which will be deducted from total claim amount (if claim amount) Any other limit (as applicable) 3. Co- Payment - Xxxx % *Zonal Co-payment ldentification of Zone will be based on the location-City of the proposed Insured Persons. a) Persons paying Zone I premium can avail treatment all over India without any Zonal Co-pay b) Persons paying Zone II premium i. Can avail treatment in Zone II will have to bear 10% of each and every claim. C) Person paying Zone III premium i. Can avail treatment in Zone III without any Zonal Co-pay ii. Availing treatment in Zone II will have to bear 10% of each and every claim. Aforesaid Co-payments for claims occurring outside of the Zone will not apply in case of Hospitalization due to Accident. 4. Deductible - Deductible of ₹Xxx per policy year on aggregate basis 		F.II.9
9	Claims/Claims procedure	Details of procedure to be followed for cashless services as well as for reimbursement of claim including pre and post hospitalization: To know the process for our cashless and reimbursement claims visit - https://www.manipalcigna.com/claims Turn Around Time (TAT) for claim settlement i. TAT for pre-authorization of cashless facility - within 4 hours from the last complete document. ii. TAT for cashless final bill settlement Web links for the followings: i. Network hospital details -	G.I
10	Policy Servicing	For hassle free policy servicing customer can manage their policy by clicking on-https://eservicing.manipalcigna.com/login or Download myManipalCigna App from Playstore or appstore	



11	Grievances/ Complaints	LEVEL 1 Health Relationship Managers Call our toll-free number 1800-102-4462 between 9:00 AM to 9:00 PM. Email us at - headcustomercare@manipalcigna.com For Senior Citizen Assistance - Seniorcitizensupport@ManipalCigna.com LEVEL 2 Senior Manager - Grievance Cell Call us on 022-61703600 between 10 am to 6 Pm (Monday to Friday) Email us at - complaints@manipalcigna.com LEVEL 3 Grievance Redressal Officer Call us on 022-61703603 between 10 am to 6 Pm (Monday to Friday) Email us at - GRO@manipalcigna.com For Senior Citizen Assistance - Seniorcitizensupport@ManipalCigna.com LEVEL 4 Approach Ombudsman If the channels above have still not met your expectations, you may approach the insurance ombudsman, the office Name and address details applicable for your state can be obtained from - https://www.cioins.co.in/Ombudsman Note: You may also approach the Insurance ombudsman if your complaint is open for more than 30 days at any of the above levels.	F.I.16
12	Things to remember	Free Look Cancellations: The Free Look period shall be applicable on new individual health insurance policies and not on renewals or at the time of porting/migrating the policy. The insured person shall be allowed a free look period of 30 days from date of receipt of the policy document to review the terms and conditions of the policy and to return the same if not acceptable, If the insured has not made any claim during the Free Look Period. To avail: - Customer can request for cancellation writing to - customercare@manipalcigna.com from the registered email id with us. OR - Customer can also visit any MCHI Branch and give a written request Policy Renewal: The policy shall ordinarily be renewable except on grounds of fraud, misrepresentation by the insured person.	F.I.15



Migration: The Insured Person will have the option to migrate the Policy to other health insurance products/plans offered by the company by applying for migration of the policy at least 30 days before the policy renewal date as per IRDAI guidelines on Migration. If such person is presently covered and has been continuously covered without any lapses under any health insurance product/plan offered by the company, the insured person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on migration.
To avail: - Customer can share for migration of the policy 30 days prior to the renewal date by writing to -

- <u>customercare@manipalcigna.com</u> from an email registered with us OR
- Visit nearest ManipalCigna Branch and submit a written request OR
- Contact the intermediary/agent assigned to the customer for assistance

Portability: The Insured Person will have the option to port the Policy to other insurers by applying to such insurer to port the entire policy along with all the members of the family, if any, at least 45 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to portability. If such person is presently covered and has been continuously covered without any lapses under any health insurance policy with an Indian General/Health insurer, the proposed Insured Person will get all the accrued continuity benefits in waiting periods as per IRDAI guidelines on portability.

To avail:

- Customer can share for portability of the policy 45 days prior to the renewal date by writing to -<u>customercare@manipalcigna.com</u> from an email registered with us OR
- Visit nearest ManipalCigna Branch and submit a written request OR
- Contact the intermediary/agent assigned to the customer for assistance

Change in Sum Insured: It will be allowed at the time of Renewal of the Policy. You can submit a request for the changes by filling the proposal form before the expiry of the Policy. We reserve Our right to carry out underwriting in relation to acceptance of request for change of Sum Insured F.I.8

F.I.9

F.II.8 g

		Moratorium Period: After completion of 60 continuous months of coverage (including Portability and migration) under the policy no look back would be applied. This period of 60 months is called as moratorium period. The moratorium would be applicable for the sums insured of the first policy and subsequently completion of 60 continuous months would be applicable from date of enhancement of sums insured only on the enhanced limits. After the expiry of Moratorium Period no health insurance claim under this policy shall be contestable except for proven fraud and permanent exclusions specified in the policy contract.	
13	Your Obligations	 a. Please disclose all Pre-existing disease/s or condition/s before buying a Policy. b. The Policy shall be null and void and all premium paid thereon shall be forfeited to the Company in the event of misrepresentation, mis-description or non-disclosure of any material fact by the policyholder. ("Material facts" for the purpose of this policy shall mean all relevant information sought by the company in the proposal form and other connected documents to enable it to take informed decision in the context of underwriting the risk) 	F.I.1

<u>Declaration</u>	by the	Policy Hold	der:
	_	_	

I have read the above and confirm having noted the details.	
Place:	
Date:	(Signature of Policyholder)

Note:

- i. Insured/policyholder can get the product related document at https://eservicing.manipalcigna.com/document-vault
- ii. In case of any conflict, the terms conditions mentioned in the policy document shall prevail.

(Benefits and exclusion are applicable as per the plan chosen, please refer the policy schedule for the applicable benefits).